



	MON	TUES	WED	THUR	FRI	SAT	SUN
8:00am - 9:30am	ADULT JIU JITSU ALL LEVELS	ADULT JIU JITSU ALL LEVELS	ADULT JIU JITSU ALL LEVELS	ADULT JIU JITSU ALL LEVELS	ADULT JIU JITSU ALL LEVELS		
11:00am - 12:00pm						ADULT JIU JITSU ALL LEVELS	
12:00pm - 1:30pm						OPEN MAT	
12:00pm - 2:00pm		ADULT JIU JITSU ALL LEVELS		ADULT JIU JITSU ALL LEVELS			
3:45pm - 4:30pm	YOUTH JIU JITSU AGES 4-8	YOUTH JIU JITSU AGES 4-8	YOUTH JIU JITSU AGES 4-8	YOUTH JIU JITSU AGES 4-8			
4:30pm - 5:30pm	YOUTH JIU JITSU AGES 9-15	YOUTH JIU JITSU AGES 9-15	YOUTH JIU JITSU AGES 9-15	YOUTH JIU JITSU AGES 9-15			
5:30pm - 6:30pm	ADULT JIU JITSU FUNDAMENTALS	ADULT JIU JITSU FUNDAMENTALS	ADULT JIU JITSU FUNDAMENTALS	ADULT JIU JITSU FUNDAMENTALS			
6:00pm - 8:00pm					ADULT JIU JITSU ALL LEVELS		
6:30pm - 8:30pm	ADULT JIU JITSU ALL LEVELS	ADULT JIU JITSU ALL LEVELS	ADULT JIU JITSU ALL LEVELS	ADULT JIU JITSU ALL LEVELS			

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